White Spruce Picea glauca

Height: 7-20 meters

Diameter: 30-60 centimetres

Distinguishing feature: This evergreen tree has needles that

are square in cross-section

USES

HistoricalThe branches were traditionally used by North American natives for lean-tos and windbreaks. Spruce roots were used in the making of baskets. Spruce pitch was often chewed like candy although it is not as popular today.

Commercial- White spruce wood is used for construction lumber, veneer, newsprint, paper products. Excellent for canoe frames, paddles and snowshoes. Resin is used today in drugs, chewing gum and confections.

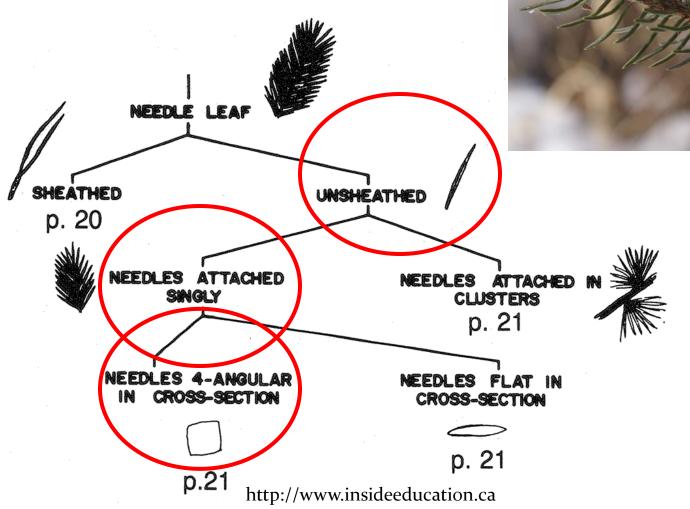
Natural - Various kinds of wildlife including deer, grouse and rabbits browse on the foliage in the winter. Birds eat the seeds from the soft spruce cone.

MedicinalChipewyan mixed spruce pitch with a rich animal fat to make a salve for sores, infections, insect bites, boils, chapped hands, scratches and cuts. Crews travelling with Captain James Cook received a ration of Spruce Beer, every other day, to prevent scurvy.





Identification





Guide to the Common Native Trees and Shrubs of Alberta





Government of Alberta



White Spruce

Picea glauca



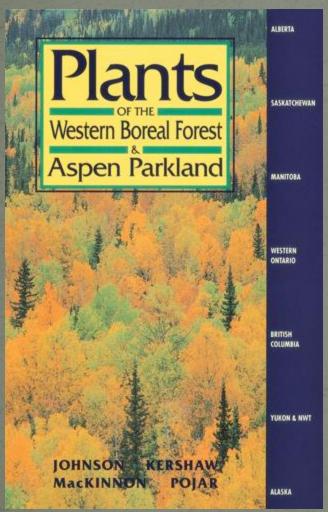


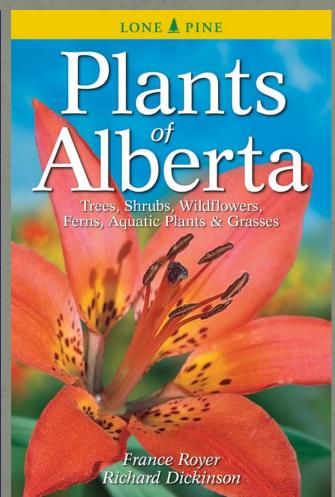






Resources





Guide to the Common Native Trees and Shrubs of Alberta





Government of Alberta

http://www.insideeducation.ca

